

## 2.4 SUN SAFE PRACTICES

### Policy Statement:

Queensland has the highest rate of skin cancer in the world. Mackay Family Day Care Staff and Educators are committed to providing children in care with a safe environment that provides shade and other sun protection to support their learning, and opportunities for play.

### Background:

The Education and Care Services National Regulations require policies and procedures to be in place in relation to sun protection.

### Legislative Requirements:

Section/regulation	Description
Section 167	Offence relating to protection of children from harm and hazard.
Regulation 100	Risk assessment must be conducted before an excursion.
Regulation 116	Assessments of family day care residences and approved family day care venues.
Regulation 168	Education and care service must have policies and procedures.
Regulation 169	Additional policies and procedures – family day care services
Regulation 170	Policies and procedures to be followed.
Regulation 171	Policies and procedures to be kept available.
Regulation 172	Notification of change to policies or procedures.

### Procedures:

1. Co-ordination unit staff and educators will ensure that, wherever possible, outdoor activities take place before 10am and after 3pm, or are undertaken in adequately shaded areas.
2. Educators, educator assistants, visitors and co-ordination unit staff must model appropriate sun safe practices for children in care by:
  - Wearing broad-brimmed, bucket style or legionnaire style hats (no caps).
  - Wearing sun protective clothing (shoulders must be covered),
  - Applying at least SPF30+ broad-spectrum, water resistant sunscreen,
  - Seeking shade whenever possible,
  - Wearing sunglasses.
3. During outdoor play educators and co-ordination unit staff must ensure that children in care are wearing appropriate hats and clothing. If a child does not have an appropriate hat or clothing they will be required to play in adequately shaded areas.
4. Children under 12 months of age should, whenever possible, remain in shade and not be exposed to direct sunlight.

5. At least SPF 30+ broad-spectrum, water-resistant sunscreen should be applied at least 20 minutes, whenever possible, before the commencement of outdoor play.
6. Sunscreen must be reapplied every 2 hours (or as per manufacturer’s instructions).
7. Safe drinking water will be accessible to children during both indoor and outdoor play.
8. Educators will actively promote sun safe practices through discussions and activities undertaken with the children in care.

Date Implemented	Review Due	Date Reviewed	Date Updated	Source
2009 July	2011 January 2012 July 2014 January 2015 July 2017 January 2018 August 2020 February 2021 January 2022 July 2024 February 2025 August	2011 January 2012 July 2014 January 2015 July	2017 February 2018 August 2019 July  2022 August 2024 February	<ul style="list-style-type: none"> <li>• Education and Care Services National Law Act 2010</li> <li>• Education and Care Services National Regulations 2011</li> <li>• FDCQA: Quality Practices Guide, 2004</li> <li>• Cancer Council Queensland: SunSmart Policy Guidelines.</li> </ul>