

Nappy Change Procedure

Changing a nappy without spreading germs



1. Ensure an adequate amount of nappies and other supplies are accessible.
2. Place paper on the change table/mat which must have an impervious surface.
3. Put disposable gloves; **always wear gloves** when changing nappies.
4. Remove the child's nappy and place into plastic bag and lidded bin, preferably 'hands free'.
5. Remove any clothes with urine and/or faeces on them.
6. Clean the child's bottom.
7. Remove the paper and place in a lidded bin.
8. Remove your gloves before touching the child's clean clothes. Remove gloves by peeling them back from your wrists, turning them inside out as you go. Do not let your skin touch the outer contaminated surface of the glove. Put the gloves in the lidded bin.
9. Put a clean nappy on the child.
10. Dress the child.
11. Take the child away from the change mat.
12. Wash the child's hands.
13. Clean the change mat with disinfectant or detergent and water and dry with paper towel or clean the change mat with disinfectant wipes.
14. Wash and dry your own hands.

