

2.4 SUN SAFE PRACTICES

Policy

Mackay Family Day Care Staff and Educators will protect children in care from the adverse effects of sun exposure.

Procedure

1. Co-ordination unit staff and educators will ensure that, wherever possible, outdoor activities take place before 10am and after 3pm or are undertaken in adequately shaded areas.
2. Educators, educator assistants, visitors and co-ordination unit staff must model appropriate sun safe practices for children in care by:
 - Wearing broad-brimmed, bucket style or legionnaire style hats (no caps).
 - Wearing sun protective clothing (shoulders must be covered),
 - Applying at least SPF30+ broad-spectrum, water resistant sunscreen,
 - Seeking shade whenever possible,
 - Wearing sunglasses.
3. During outdoor play educators and co-ordination unit staff must ensure that children in care are wearing appropriate hats and clothing. If a child does not have an appropriate hat or clothing they will be required to play in adequately shaded areas.
4. Children under 12 months of age should, whenever possible, remain in shade and not be exposed to direct sunlight.
5. At least SPF 30+ broad-spectrum, water resistant sunscreen should be applied at least 20 minutes before the commencement of outdoor play.
6. Sunscreen must be reapplied every 2 hours (or as per manufacturer's instructions).
7. Safe drinking water will be accessible to children during both indoor and outdoor play.
8. Educators will actively promote sun safe practices through discussions and activities undertaken with the children in care.

Date Implemented	Review Date	Date Updated	Source
2009 July	2011 January 2012 July 2014 January 2015 July 2018 August 2020 February 2021 January	2017 February 2018 August 2019 July	<ul style="list-style-type: none">• Education and Care Services National Law Act 2010• Education and Care Services National Regulations 2011• FDCQA: Quality Practices Guide, 2004• Cancer Council Queensland: SunSmart Policy Guidelines.