

## 2.10 NAPPY CHANGE

### Policy

Supporting children's health and safety by ensuring that practices are hygienic is fundamental to good quality care. To reduce the risk and spread of infectious diseases that are transmitted via faeces and other body fluids Mackay Family Day Care Scheme recommends the following procedure when changing nappies.

### Procedure:

1. Ensure an adequate amount of nappies and other supplies are accessible.
2. Wash your hands.
3. Place paper on the change table/mat which must have an impervious surface.
4. Put on disposable gloves; **always wear gloves** when changing nappies.
5. Remove the child's nappy and place into plastic bag and lidded bin, preferably 'hands free'.
6. Remove any clothes with urine and/or faeces on them.
7. Clean the child's bottom.
8. Remove the paper and place it in a lidded bin.
9. Remove your gloves before touching the child's clean clothes. Remove gloves by peeling them back from your wrists, turning them inside out as you go. Do not let your skin touch the outer contaminated surface of the glove. Put the gloves in the lidded bin.
10. Put a clean nappy on the child.
11. Dress the child.
12. Take the child away from the change mat.
13. Wash the child's hands.
14. Clean the change mat with household grade disinfectant or detergent and water and dry with paper towel or clean the change mat with disinfectant wipes.
15. Wash and dry your own hands.

Date Implemented	Review Date	Date Updated	Source
2010 January	2011 July 2013 April 2014 November 2016 November 2018 May 2020 February 2021 January	2011 November  2015 May  2018 August 2019 July	<ul style="list-style-type: none"><li>• Staying Healthy - Preventing infectious diseases in early childhood education and care services. 5<sup>th</sup> Edition</li><li>• NCAC (Factsheet #16) - Positive toileting and nappy changing.</li><li>• Education and Care Services National Regulations 2011.</li></ul>